Real-Time Communication on AWS

Best Practices for Designing Highly Available and Scalable Real-Time Communication (RTC) Workloads on AWS

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Abstract

Today, many organizations are looking to reduce cost and attain scalability for real-time voice, messaging and multimedia workloads. This paper outlines the best practices for managing real-time communication workloads on the AWS platform and reference architectures to meet these requirements. It is a guide for people familiar with real-time communication on how achieve high availability and scalability for these workloads.
Introduction

Telecommunication applications using voice, video, and messaging as channels are a key requirement for many organizations and their end users. These real-time communication (RTC) workloads have specific latency and availability requirements that can be met by following relevant design best practices. In the past, RTC workloads have been deployed in traditional on-premises data centers with dedicated resources.

However, due to a mature and burgeoning set of features, RTC workloads can be deployed on Amazon Web Services (AWS) despite stringent service-level requirements while also benefiting from scalability, elasticity, and high availability. Today, several customers are using AWS, its partners, and open source solutions to run RTC workloads with reduced cost, faster agility, the ability to go global in minutes, and rich features from AWS services.

Customers leverage AWS features such as Elastic Network Adapter (ENA) and the latest generation of Amazon Elastic Compute Cloud (EC2) instances to benefit from data plane development kit (DPDK), single root I/O virtualization (SR-IOV), hugepages, NVM Express (NVMe), non-uniform memory access (NUMA) support as well as Bare Metal instances to meet RTC workload requirements. For scaling, Elastic Load Balancing offers Application Load Balancers which offers WebSocket support and Network Load Balancer that can handle millions of requests per second. It has support for static IP addresses for the load balancer. For reduced latency, cost and increased bandwidth throughput, AWS Direct Connect establishes dedicated network connection from on-premises to AWS.

This paper includes reference architectures that show how to set up RTC workloads on AWS and best practices to optimize the solutions to meet end user requirements while optimizing for the cloud. The evolved packet core (EPC) is out of scope for this white paper, but the best practices detailed can be applied to virtual network functions (VNFs).
Fundamental components of an RTC solution

In the telecommunications industry, real-time communication (RTC) commonly refers to live media sessions between two endpoints with minimum latency. These sessions could be related to:

- A voice session between two parties (e.g., telephone system, mobile, VoIP)
- Instant messaging (e.g., chatting, IRC)
- Live video session (e.g., videoconferencing, telepresence)

Each of the preceding solutions has some components in common (e.g., components that provide authentication, authorization and access control, transcoding, buffering and relay, and so on) and some components unique to the type of media transmitted (e.g., broadcast service, messaging server and queues, and so on). This section focuses on defining a voice- and video-based RTC system and all of the related components illustrated in Figure 1.

![Figure 1: Essential architectural components for RTC](image-url)
Softswitch/PBX

A softswitch or PBX is the brain of a voice telephone system and provides intelligence for establishing, maintaining, and routing of a voice call within or outside the enterprise by using different components. All of the subscribers of the enterprise are required to register with the softswitch to receive or make a call. An important functionality of the softswitch is to keep track of each subscriber and how to reach them by using the other components within the voice network.

Session border controller (SBC)

A session border controller (SBC) sits at the edge of a voice network and keeps track of all incoming and outgoing traffic (both control and data planes). One of the key responsibilities of an SBC is to protect the voice system from malicious use. The SBC can be used to interconnect with session initiation protocol (SIP) trunks for external connectivity. Some SBCs also provide transcoding capabilities for converting CODECS from one format to another. Finally, most SBCs also provide NAT Traversal capabilities which aids in ensuring calls are established, even across firewalled networks.

PSTN connectivity

Voice over IP (VoIP) solutions use PSTN Gateways and SIP Trunks to connect with legacy PSTN networks.

PSTN Gateway

The public switched telephone network (PSTN) Gateway converts the signaling (between SIP and SS7) and media (between RTP and time division multiplexing [TDM] using CODEC transcoding). PSTN Gateways always sit at the edge close to the PSTN network.

SIP Trunk

In a SIP Trunk, the enterprise does not terminate its calls onto a TDM (SS7 based) network, but rather the flows between enterprise and telco remain over IP. Most of the SIP Trunks are established by using SBCs. The enterprise must agree on the predefined security rules from telco, such as allowing a certain range of IP addresses, ports, and so on.
Media gateway (transcoder)

A typical voice solution allows various types of CODECs. Some of the common CODECs are G.711 µ-law for North America, G.711 A-law for outside of North America, G.729, and G.722. When two devices that are using two different CODECs communicate with each other, a media server translates the CODEC flow between the devices. In other words, a media gateway processes media and ensures that the end devices are able to communicate with each other.

WebRTC and WebRTC gateway

Web real-time communication (WebRTC) allows you to establish a call from a web browser or request resources from the backend server by using API. The technology is designed with cloud technology in mind and therefore provides various APIs which could be used to establish a call. Since not all of the voice solutions (including SIP) support these APIs, the WebRTC gateway is required to translate API calls into SIP messages and vice versa.

A design pattern for a highly available WebRTC solution is shown in Figure 2. The incoming traffic from WebRTC clients is balanced by an Amazon application load balancer with WebRTC on running on EC2 instances that are part of an auto scaling group.

![Figure 2: A basic topology of an RTC system for voice](image-url)
Another design pattern for SIP and RTP traffic is to use pairs of SBCs on Amazon EC2 in active passive mode across availability zones as shown in Figure 3. Here, an elastic IP (EIP) can be dynamically moved between instances upon failure where DNS can’t be used.

![RTC architecture using Amazon EC2 in a VPC](image)

**Figure 3: RTC architecture using Amazon EC2 in a VPC**

**Achieving high availability and scalability on AWS**

Most providers of real-time communications align with service levels that provide availability from 99.9% to 99.999%. Depending on the degree of high availability (HA) that you want, you must take increasingly sophisticated measures along the full lifecycle of the application. We recommend following these guidelines to achieve a robust degree of high availability:

1. Design the system to have no single point of failure. Use automated monitoring, failure detection, and failover mechanisms for both stateless and stateful components
   - Single points of failure (SPOF) are commonly eliminated with an N+1 or 2N redundancy configuration, where N+1 is achieved via
load balancing among active–active nodes, and 2N is achieved by a pair of nodes in active–standby configuration.

- AWS has several methods for achieving HA through both approaches, such as through a scalable, load balanced cluster or assuming an active–standby pair.

2. Correctly instrument and test system availability.

3. Prepare operating procedures for manual mechanisms to respond to, mitigate, and recover from the failure.

This section focuses on how to achieve no single point of failure using capabilities available on AWS. We will describe a subset of core AWS capabilities and design patterns that allow our customers and partners to build highly available real-time communication applications on the platform.

**Floating IP pattern for high availability between active–standby stateful servers (media servers)**

The Floating IP design pattern is a well-known mechanism to achieve automatic failover between an active and standby pair of hardware nodes. A static secondary virtual IP address is assigned to the active node. Continuous monitoring between the active and standby nodes detects failure. If the active node fails, the monitoring script assigns the virtual IP to the ready standby node and the standby node takes over the primary active function. Thus, the virtual IP “floats” between the active and standby node.

**Applicability in RTC solutions**

It is not always possible to have multiple active instances of the same component in service, such as an active–active cluster of N nodes. An active–standby configuration provides the best mechanism for HA. For example, the stateful components in an RTC solution, such as the media server or conferencing server, or even an SBC or database server, are well-suited for an active–standby setup. An SBC or media server has several long running sessions or channels active at a given time, and in the case of the SBC active instance failing, the endpoints can reconnect to the standby node without any client-side configuration due to the floating IP.
Implementation on AWS

You can implement this pattern on AWS using core capabilities on Amazon Elastic Compute Cloud (Amazon EC2), Amazon EC2 API, elastic IP (EIP) addresses, and support on Amazon EC2 for secondary private IP addresses.

1. Launch two EC2 instances to assume the roles of primary and secondary nodes, where the primary is assumed to be in active state by default.

2. Assign an additional secondary private IP address to the primary EC2 instance.

3. An Elastic IP (EIP) which is similar to a virtual IP (VIP) is associated with the secondary private address, and this is the address that is used by external endpoints to access the application.

4. Some OS configuration is required to make the secondary IP address added as an alias to the primary network interface.

5. The application must bind to this EIP. In the case of Asterisk software, you can configure the binding through advanced Asterisk SIP settings.

6. Run a monitoring script—custom, KeepAlive on Linux, Corosync, and so on—on each node to monitor the state of the peer node. In the event that the current active node fails, the peer detects this failure, and invokes the Amazon EC2 API to reassign the secondary private IP address to itself.

7. Therefore, the application that was listening on the VIP associated with the secondary private IP address becomes available to endpoints via the standby node.
Benefits

This approach is a reliable low budget solution that protects against failures at the EC2 instance, infrastructure, or application level.

Limitations and extensibility

This design pattern is typically limited to within a single Availability Zone (AZ). It can be implemented across two AZs, but with a variation. In this case, the Floating EIP is re-associated between active and standby node in different AZs via the re-associate EIP API available. In the failover implementation shown in Figure 4, calls in progress are dropped and endpoints must reconnect. It is possible to extend this implementation with replication of underlying session data to provide seamless failover of sessions or media continuity as well.

Load balancing for scalability and high availability with WebRTC and SIP

Load balancing a cluster of active instances based on predefined rules, such as round robin, affinity or latency, and so on, is a design pattern widely popularized by the stateless nature of HTTP requests. In fact, load balancing is a viable option in case of many RTC application components.
The load balancer acts as the reverse proxy or entry point for requests to the desired application, which itself is configured to run in multiple active nodes simultaneously. At any given point in time, the load balancer directs a user request to one of the active nodes in the defined cluster. Load balancers perform a health check against the nodes in their target cluster and will not send an incoming request to a node that fails the health check. Therefore, a fundamental degree of high availability is achieved by load balancing. Also, because a load balanced performs active and passive health checks against all cluster nodes in sub-second intervals, the time for failover is near instantaneous.

The decision on which node to direct is based on system rules defined in the load balancer, including:

- Round robin
- Session or IP affinity, which ensures that multiple requests within a session or from the same IP are sent to the same node in the cluster
- Latency based
- Load based

**Applicability in RTC solutions**

The WebRTC protocol makes it possible for WebRTC Gateways to be easily load balanced via an HTTP based load balancer, such as Elastic Load Balancing (ELB). With most SIP implementations relying on transport over both TCP and UDP, network or connection level load balancing with support for both TCP and UDP based traffic is needed.

**Load balancing on AWS for WebRTC using Application Load Balancer and Auto Scaling**

In the case of WebRTC based communications, Elastic Load Balancing (ELB) provides a fully managed, highly available and scalable load balancer to serve as the entry point for requests, which are then directed to a target cluster of EC2 instances associated with ELB. Also, because WebRTC requests are stateless, you can use Amazon EC2 Auto Scaling, to provide fully automated and controllable scalability, elasticity, and high availability.

The Application Load Balancer provides a fully managed load balancing service that is highly available using multiple AWS Availability Zones, and scalable. This supports the load balancing of WebSocket requests that handle the
signaling for WebRTC applications and bidirectional communication between the client and server using a long running TCP connection. The Application Load Balancer also supports content based routing and sticky sessions, routing requests from the same client to the same target using load balancer generated cookies. If you enable sticky sessions, the same target receives the request and can use the cookie to recover the session context.

Figure 5 shows the target topology:

![Figure 5: WebRTC scalability and high availability architecture](image)

**Implementation on AWS for SIP using Network Load Balancer or AWS Marketplace product**

In the case of SIP based communications, the connections are made over TCP or UDP, with the majority of RTC applications using UDP. If SIP/TCP is the signal protocol of choice, then it is feasible to use the Network Load Balancer for fully managed, highly available, scalable and performance load balancing.

A Network Load Balancer operates at the connection level (Layer 4), routing connections to targets such as Amazon EC2 instances, containers, and IP
addresses based on IP protocol data. Ideal for TCP traffic load balancing, network load balancing is capable of handling millions of requests per second while maintaining ultra-low latencies. It is integrated with other popular AWS services, such as AWS Auto Scaling, Amazon Elastic Container Service (Amazon ECS), and AWS CloudFormation.

If SIP connections are initiated, another option is to use AWS Marketplace commercial off-the-shelf software (COTS). The AWS Marketplace offers many products that can handle UDP connections, and Layer 4 load balancing. These COTS typically include support for high availability and are commonly integrated with features, such as AWS Auto Scaling, to further enhance availability and scalability. Figure 6 shows the target topology:

![Figure 6: SIP-based RTC scalability with AWS Marketplace product](image)

Cross-region DNS-based load balancing and failover

Amazon Route 53 provides a global DNS service that can be used as a public or private endpoint for RTC clients to register and connect with media applications. With Amazon Route 53, DNS health checks can be configured to
route traffic to healthy endpoints or to independently monitor the health of your application. The Amazon Route 53 Traffic Flow feature makes it easy for you to manage traffic globally through a variety of routing types, including latency-based routing, geo DNS, geoproximity, and weighted round robin—all of which can be combined with DNS Failover to enable a variety of low-latency, fault-tolerant architectures. The Amazon Route 53 Traffic Flow simple visual editor allows you to manage how your end users are routed to your application’s endpoints—whether in a single AWS region or distributed around the globe.

In the case of global deployments, the latency-based routing policy in Route 53 is especially useful to direct customers to the nearest point of presence for a media server to improve the quality of service associated with real-time media exchanges. Similarly, Anycast solutions can be used, but DNS cannot be used.

Note that to enforce a failover to a new DNS address, client caches must be flushed. Also, DNS changes may have a lag as they are propagated across global DNS servers. You can manage the refresh interval for DNS lookups with the Time to Live attribute. This attribute is configurable at the time of setting up DNS policies.

Figure 7: Inter-region high availability design using Amazon Route 53 for latency-based routing and DNS failover
Data durability and high availability with persistent storage

Most RTC applications rely on persistent storage to store and access data for authentication, authorization, accounting (session data, call detail records, etc.), operational monitoring, and logging. In a traditional data center, ensuring high availability and durability for the persistent storage components (databases, file systems, and so on) typically requires heavy lifting via the setup of a SAN, RAID design, and processes for backup, restore, and failover processing. The AWS cloud greatly simplifies and enhances traditional data center practices around data durability and availability.

For object storage and file storage, AWS services like Amazon Simple Storage Service (Amazon S3) and Amazon Elastic File System (Amazon EFS) provide managed high availability and scalability. Amazon S3 has a data durability of 11 nines.

For transactional data storage, customers have the option to take advantage of the fully managed Amazon Relational Database Service (Amazon RDS) that supports Amazon Aurora, PostgreSQL, MySQL, MariaDB, Oracle, and Microsoft SQL Server with high availability deployments. For the registrar function, subscriber profile, or accounting records storage (e.g., CDRs), the Amazon RDS provides a fault-tolerant, highly available and scalable option.

Dynamic scaling with AWS Lambda, Route 53 and Auto Scaling

One of the strengths of the AWS platform is that it allows the chaining of features and the ability to incorporate custom serverless functions as a service based on infrastructure events. One such design pattern that has many versatile uses in RTC applications is the combination of auto scaling lifecycle hooks with Amazon CloudWatch Events, Amazon Route 53 and AWS Lambda functions. AWS Lambda functions can embed any action or logic. In the example shown in Figure 8, we demonstrate how these features chained together can enhance system reliability and scalability with automation.
Best Practices from the field

This section aims to summarize the best practices that have been implemented by some of the largest and most successful AWS customers that run large real-time Session Initiation Protocol (SIP) workloads. AWS customers wanting to run their own SIP infrastructure in the public cloud would find these best practices valuable as they can help increase the reliability and resiliency of the system in case of different kinds of failures. While some of these best practices are SIP specific, most of them are applicable to any real-time communication application running on AWS.

Create a SIP overlay

AWS has a robust, scalable and redundant network backbone that provides connectivity between different regions. When a network event, such as a fiber cut, degrades an AWS backbone link, traffic is quickly failed over to redundant paths using network level routing protocols, such as BGP. This network level traffic engineering is a black box to AWS customers and most do not even notice these failover events. However, customers that run real-time workloads, such as
voice, high quality video, and low latency messaging, do sometimes notice these events. So, how can an AWS customer implement their own traffic engineering on top of what is provided by AWS at the network level? The solution is deploying SIP infrastructure at many different AWS regions. As part of the call control features, SIP also provides the ability to route calls through specific SIP proxies.

In Figure 9, SIP infrastructure (represented by green dots) is running in all four US regions. The blue lines represent a fictional depiction of the AWS backbone. If no SIP routing is implemented, a call originating in the US West Coast and destined for the US east coast will go over the backbone link that is directly connecting the Oregon and Virginia regions. The diagram shows how a customer might override the network level routing and make the same call between Oregon and Virginia route through California using SIP routing. This type of SIP traffic engineering can be implemented using SIP proxies and media gateways based on network metrics such as SIP retransmissions and customer specific business preferences.

**Perform detailed monitoring**

End users of real-time voice and video applications expect the same level of performance as they achieve with traditional telephony services. So, when they
experience issues with an application, it ends up hurting the provider’s reputation. To be proactive rather than reactive, it is imperative that detailed monitoring be deployed at every part of the system that serves end users.

Many open source tools, such as iPerf or SIPp, and VOIPMonitor, are available that can be used to monitor SIP/RTP traffic. In the preceding example, nodes running SIPp in client and server modes are measuring SIP metrics such as Successful Calls and SIP Retransmits between all four US AWS regions. These metrics can then be exported into Amazon CloudWatch using a custom script. Using CloudWatch, customers can create alarms on these custom metrics based on a certain threshold value. Automatic or manual remediation actions can then be taken based on the state of these CloudWatch alarms.

For customers not wanting to allocate engineering resources needed to develop and maintain a custom monitoring system, many good VoIP monitoring solutions are available on the market, such as ThousandEyes. An example of a remediation action would be changing the SIP routing based on increased SIP retransmits.
Use DNS for load balancing and floating IPs for failover

IP telephony clients that support DNS SRV capability can efficiently use the redundancy built into the infrastructure by load balancing clients to different SBCs/PBXs.

Figure 11 shows how customers can use the SRV records to load balance SIP traffic. Any IP telephony client that supports the SRV standard will look for the sip._<transport protocol> prefix in an SRV type DNS record. In the example, the answer section from DNS contains both of the PBXs running in different AWS Availability Zones (AZs). However, in addition to the endpoint URIs, the SRV record contains three additional pieces of information:

1. The first number is the **Priority** (1 in the example above). A lower priority is preferred over higher.
2. The second number is the **Weight** (10 in the example above).
3. And the third number is the **Port** to be used (5060).

Since the priority is the same (1) for both PBXs servers, the clients use the weight to load balance between the two PBXs. In this case, since the weights are the same, SIP traffic should be load balanced equally between the two PBXs.
DNS can be a good solution for client load balancing, but what about implementing failover by changing/updating DNS ‘A’ records? This method is discouraged because of inconsistency found in DNS caching behavior within the client and intermediate nodes. A better approach for intra-AZ failover between a cluster of SIP nodes is to use the EC2 IP reassignment where an impaired host’s IP address is instantly reassigned to a healthy host by using the EC2 API. Paired with a detailed monitoring and health check solution, IP reassignment of a failed node ensures that traffic is moved over to a healthy host in a timely manner that minimizes end user disruption.

Use multiple Availability Zones (AZs)

Each AWS Region is subdivided into separate Availability Zones or AZs. Each AZ has its own power, cooling, and network connectivity and thus forms an isolated failure domain. Within the constructs of AWS, it is always encouraged that customers run their workloads in more than one AZ. This ensures that customer applications can withstand even a complete AZ failure - a very rare event in itself. This recommendation stands for real-time SIP infrastructure as well.

Figure 12: Handling AZ failure

Let’s assume that a catastrophic event (such as Category 5 hurricane) causes a complete AZ outage in the us-east-1 region. With the infrastructure running as shown in the diagram, all SIP clients that were originally registered with the
nodes in the failed AZ should re-register with the SIP nodes running in AZ #2. (Test this behavior with your SIP clients/phones to make sure it is supported.). Although the active SIP calls at the time of the AZ outage are lost, any new calls are routed through AZ #2.

To summarize, DNS SRV records should point the client to multiple ‘A’ records, one in each AZ. Each of those ‘A’ records should, in turn, point to multiple IP addresses of SBCs/PBXs in that AZ providing both intra- and inter-AZ resiliency. Both intra- and inter-AZ failover can be implemented by using IP reassignment if the IPs are public. Private IPs, however, cannot be reassigned across AZs. If a customer is using private IP addressing, then they would have to rely on the SIP clients re-registering with the backup SBC/PBX for inter-AZ failover.

Keep traffic within one Availability Zone and use EC2 placement groups

Also known as AZ Affinity, this best practice also applies to the rare event of a complete AZ failure. It is recommended that customers eliminate any cross-AZ traffic such that any SIP or RTP traffic that enters one AZ should remain in that AZ until it exits the region.

The figure above shows a simplified architecture that uses AZ Affinity. The comparative advantage of this approach becomes clear if one accounts for the
effects of a complete AZ outage. As depicted in the diagram, if AZ#2 is lost, 50% of active calls will be affected at most (assuming equal load balancing between AZs). Had AZ Affinity not been implemented, some calls would flow between AZs in one region and we would suffer a failure that would most likely affect more than 50% of active calls.

Furthermore, to minimize latency for traffic, we also recommend that you consider using EC2 placement groups within each AZ. Instances launched within the same EC2 placement group have higher bandwidth and reduced latency as EC2 ensures network proximity of these instances relative to each other.

**Use enhanced networking EC2 instance types**

Choosing the right instance type on Amazon EC2 ensures system reliability as well as efficient usage of infrastructure. Amazon EC2 instance families, like the C3, C4, C5, D2, I2, R3, and M4, all feature Intel 82599 VF interface that guarantees 1 or 10 Gbps of bandwidth to the instance depending on its size. These enhanced networking instance types ensure that the SIP workloads running on them have access to consistent bandwidth and comparatively lower aggregate latency. A recent addition to Amazon EC2 is the availability of the Elastic Network Adapter (ENA) that provides up to 25 Gbps of bandwidth. The latest catalog of EC2 instance types and associated features can be found on the EC2 instance types page.

For most customers, the latest generation of compute optimized instances (C5 at the time of writing of this white paper) should provide the best value for the cost. For example, the C5 supports the new Elastic Network Adapter with bandwidth up to 25 Gbps. Most real-time applications would also benefit from using the Intel Data Plane Developer Kit (DPDK) which can greatly boost network packet processing.

However, it is always a best practice to benchmark the various EC2 instance types according to your requirements to see which instance type works best for you. Benchmarking also enables you to find other configuration parameters, such as the maximum number of calls a certain instance type can process at a time.
Security considerations

RTC application components typically run directly on internet facing Amazon EC2 instances. In addition to TCP, flows use protocols like UDP and SIP. In these cases, AWS Shield Standard protects Amazon EC2 instances from common infrastructure layer (Layer 3 and 4) DDoS attacks, such as UDP reflection attacks, DNS reflection, NTP reflection, SSDP reflection, and so on. AWS Shield Standard uses various techniques like priority-based traffic shaping that are automatically engaged when a well-defined DDoS attack signature is detected.

AWS also provides advanced protection against large and sophisticated DDoS attacks for these applications by enabling AWS Shield Advanced on Elastic IP addresses. AWS Shield Advanced provides enhanced DDoS detection that automatically detects the type of AWS resource and size of EC2 instance and applies appropriate predefined mitigations with protections against SYN or UDP floods. With AWS Shield Advanced, customers can also create their own custom mitigation profiles by engaging the 24x7 AWS DDoS Response Team (DRT). AWS Shield Advanced also ensures that during a DDoS attack, all of your Amazon VPC Network Access Control Lists (ACLs) are automatically enforced at the border of the AWS network providing you with access to additional bandwidth and scrubbing capacity to mitigate large volumetric DDoS attacks.

Conclusion

Real-time communication (RTC) workloads can be deployed on Amazon Web Services (AWS) to attain scalability, elasticity, and high availability while meeting the key requirements. Today, several customers are using AWS, its partners, and open source solutions to run RTC workloads with reduced cost and faster agility as well as a reduced global footprint.

The reference architectures and best practices provided in this white paper can help customers successfully set up RTC workloads on AWS and optimize the solutions to meet end user requirements while optimizing for the cloud.
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Further Reading

For additional information, see the following:

- AWS Whitepapers
- AWS Documentation

Document Revisions

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